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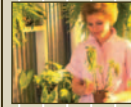
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The CLUBHOUSE

www.DUCKWOODSCC.COM

Courier

FEBRUARY 2012

2012 MEMBERSHIP DRIVE CAMPAIGN PROGRAMS

*Initiation fee special is available for the first 10 members in each category.

Full Golf Membership: \$6,000.00 now \$3,000.00

Full Golf Corporate Membership: \$7,500.00 now \$6,000.00
for up to three individuals, or \$4,000.00 for two individuals

Full Non Resident Golf Membership: \$4,500.00 now \$3,000.00

Full Membership: \$3,000.00 now \$2,500.00

Full Golf Junior Membership: \$2,500.00 now \$2,000.00

Social Membership: \$2,500.00 now \$2,000.00

*Interest free payment plans are available *Any new member paying the initiation in total will receive a \$500.00 reduction against that initiation fee.

PREVIEW MEMBERSHIP

This membership is a full membership for a 3-month period. The initiation fee is \$500.00, which is due upon application; the dues and debt service fee are \$169.00 per month. This program may apply the initiation fee towards any membership classification that is chosen on or before the 3-month period has ended.

All applicable charges will apply, such as the food and beverage minimum requirement, which is \$30.00 per month billed in advance. When playing golf, this membership must rent a golf cart and golf tee time availability can be attained 14 days in advance. This membership is non-voting.

Any inactive member that may wish to come back to the Club, we are offering a 90% discount on the Debt Service Fee. That is \$7.00 per month for each month that you have been inactive.

FOR 2012: RECRUITMENT REWARDS!

As we move into the New Year, the Duck Woods Membership Committee is pleased to present a membership drive that makes good use of the Club's most valuable sales tool - you, the current Duck Woods Country Club member!

Any member who sponsors a new Full or Full Golfing member will be eligible for a three month dues credit. This credit may be taken once the new member has been a member in good standing for six months (food minimums and debt service fees are still payable). Three months of free dues simply for helping us build up our membership by selling the benefits and amenities of the Club you know and love to people you know would enjoy being a member! Also, any member sponsoring a Social member will receive a one month dues credit, same guidelines apply.

VALENTINE'S DAY DINNER SPECIALS

Starters

Warm Beet Salad
w/Goat Cheese Mousse
& Toasted Sunflower
Vinaigrette
\$5.50

House Cured Salmon
w/Housemade
Dill Cheese &
Toast Points
\$6.50

Entrées

Crispy Skin Rock Fish w/Lump Crab & Chive Butter Sauce
Served w/Truffle Mashed Potatoes & Asparagus \$22.50

Maytag Blue Cheese Crusted Angus New York Strip
Served w/Yukon Gold Potato Hash & Wilted Spinach \$26.50

Pan Roasted Chicken Breast
Served w/Wild Berry Gastrique Heirloom Rice Blend & Butter Poached Broccoli \$19.50

Valentine's Drink Specials

Agave Kiss - Tequila, Crème de Cacao, Double Cream & Chambord \$6.50

Hibiscus Kiss - Champagne & Hibiscus Special Champagne Split \$6.00

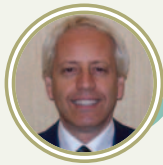
Desserts

White Chocolate Cheesecake
w/Lemon Curd and
Fresh Berries
\$5.25

Bittersweet Chocolate Truffle Cake
w/Strawberry Mouse
White Chocolate Drizzle
\$4.95

Special Dinner for Two

Two Starters of Your Choice, Two Entrées of Your Choice & a Special Gift for the Lady Price Per Couple \$45.00



GENERAL Manager

PATRICK O'KEEFE

The Board of Directors and committees are always seeking ways to retain and attract new members. The Membership Committee works very hard in developing programs and opportunities to attract new members to the club. Our club is made up of people that care about their club, their fellow members and their community and promote that caring attitude in many ways. With charity events, scholarships, athletic and social events and benefits for many people. We have a wonderful membership and our current members are the best way to attract new members, so please tell people about your club and do not hesitate to contact me

to assist with member retention or a potential new member. For 2012 we have developed a concierge program for our key result areas. We are here for you when you wish. If you want to make an emergency golf lesson, or need a fax sent or to make a dining reservation, we are here for you. Time and money are two key contributors to our day to day activities and we are here to assist you to make your life easier so you are able to focus on your core priorities in life. So, please do not hesitate to contact our staff of professionals to attend to your needs at their club numbers, or please feel free to call them at their other direct contact telephone numbers. Golf, please call Brian at 757-472-9169, for tennis, Whitney at 252-261-6438, food and beverage or social activities, Sharon at 252-619-4184 and for any other request, please call me at 252-548-3182. We want to truly enhance your life here at Duck Woods Country Club, so please feel free to call our staff of professionals at your convenience.

Thank you.

BOARD HAPPENINGS

The Board of Directors has approved to close the restaurant operation on Tuesdays during the month of January and February. The golf course will remain open for play and the Golf Shop will be open to accommodate food & beverage needs during the day. The Club will return to providing seven days a week restaurant service beginning in March 2012. If there are any questions,

please do not hesitate to contact our General Manager, Patrick O'Keefe at 252-261-2744.

Please assist us in updating our records for the membership directory. Please notify the Business Office at 252-261-2744 of any changes.

MEMBER COMMENTS

This column will highlight members' comments about DWCC. If you are interested in participating, please let Patrick know.

Tell us about one of your most fun times at DWCC?

Anne Parsons

"Upon reflection, I thought of countless stories I could write with, and about, our members. For example, there was the time, almost 25 years ago, when I asked a genteel lady member if the porch seat beside her was vacant. She asked if I was a Yankee, because of my accent (I think).

'No, I'm Scottish,' I answered. 'Well, young woman,' she replied, 'you may sit down.' No bias there.

Then there was that summer day on the golf course when I asked a male member if he planned to tee off soon. He had already taken 17 practice shots with his driver on the first tee. With a stony stare, he growled, "Listen, honey, it's not so long ago women were not allowed to play on Saturdays!" Oops, a misogynist in our midst, perhaps?

No, I didn't misunderstand that I was to write about "enjoyable times." To me, the members of Duck Woods with their gaiety, colour, and chatter provide me with delicious moments to enjoy and explore. When I listen, and often eavesdrop, my fingers twitch and my brain races, as I mentally write of their myriad humours, pleasures, and oddities. I savour every delightful moment of their foibles and passions. I observe members make friends, grow together in harmony, and contribute something that the other lacks. This club is the conduit where voices mingle and a robust appetite for fun and friendship is satisfied.

There are so many stories that seek their own voice, beg to be told, and are worthy of the writing. All I do is stop, listen, and enjoy those times at DWCC."

by Communications Subcommittee

IN MEMORY

*We wish to extend our sympathies to the families of:
Gwenn Cruickshanks, Robert Burns, Mildred Moore & Alex Barkas for their loss.*

Tennis

Tennis Events

- Every Tuesday** Ladies Clinic for 3.5 & above, from 10 a.m. - 11:30 p.m.
Every Wednesday Ladies Tennis Quad for members, 10 a.m. - noon.
Every Friday Open to All Clinic, from noon to 1 p.m.
Mon. & Wed. Kids Clinics 4 to 7 yrs. old from 4-5 p.m.
Tue. & Thu. Kids Clinics 8 to 14 yrs. old from 4:30-5:30 p.m.

Other Tennis Events USTA Team Tennis, for members, can start sign-up now. Play will begin the end of March. If you would like to be captain of a team or would like to play on a team, please e-mail dwtennis@duckwoodsc.com so we can get the teams started. For more information, call 261-6438.

Tennis Tip of the Month - Strategic

Knowing which shots to play - and when

Reading your opponents game

Exploiting opponents' weaknesses

Covering up your own weaknesses

Where you stand to serve and return

Where you position yourself in the court between shots

DUCK WOODS LADIES' TENNIS ASSOCIATION JAN COLLINS

Welcome to a new year for the DWLTA.

The 2012 DWLTA Officers are:

President Jan Collins

Vice President Lynne Hutchins

Treasurer Barbara Williams

Secretary Lynne Alterman

The DWLTA is always for new members. The dues are \$20 per year and we have several social events to raise money for the Scholarship Program, Rally for the Cure and Toys for Tots. The other social events are just for the fun of playing tennis.

The next DWLTA quarterly meeting is on Thursday, March 8th, 5:30 p.m. at Pine Island. You do not have to play tennis well. I just started three years ago and had never played organized tennis and I have fallen in love with the game. What a great way to get exercise and meet new people. Please consider joining us.

Our Second FYLTE will start the week of February 6th. We had twenty players last year and everyone agreed that they had fun and it was a great way to pass the cold dreary days of winter. Another plus was that it helped keep us in shape for the coming USTA season.

If you have any questions about DWLTA or are on the fence about joining, please e-mail me at collinsj@erols.com or call me at 252-255-1706.

Looking forward to a fun year of tennis and finding new members. We have lots of room for new tennis players at all levels. Come out and join us.

— SWINGING INTO ACTION —

Editor's Note: This month, meet some members who take advantage of the Fitness Center at DWCC.

With the New Year under way, becoming more fit is a hot topic for many. Interested in starting your own fitness program? Come check out the DWCC Fitness Center and see for yourself! Consider calling Carol Luks, 252-207-6494, for more information about equipment use or for personal training.

Here are some comments from "regulars" of the DWCC's Fitness Center.

What do you think are the benefits of regular physical activity – to feel better, have more energy, live longer etc?

"It helps promote physical & mental well-being; helps prevent injury in other sports & activities; and promotes a more youthful outlook," said Janet, who has been using the Fitness Center since its opening.

"Don't expect results in a week," said Gigi, who has always been an active person and started a regular exercise program about 15 years ago. "If you stay with a program of increased physical activity, you will have all the things mentioned in the question... feel better, have more energy and maybe live longer. Don't count on losing weight unless you also reduce calories. I think this is one of the biggest misconceptions about exercise."

"A benefit has always been more energy and strength whether walking, biking or using the gym," shared Barbara, who has been using the Fitness Center since it opened.

What are your expectations?

"Increased strength, flexibility, and mobility," said Janet, who works out every third day, usually between 10 a.m. and noon.

"My expectations a few years ago: to strengthen my knees and legs as I knew I was headed to knee replacement surgery sooner or later," said Barbara. "I believe my quick recovery was due to the pre-exercise program and use after surgery."

What is your greatest challenge to sticking with it?

"My biggest challenge is walking out the door to go to the Fitness Center," mused Janet, who believes "...a body in motion tends to stay in motion"... "and I think that's a good thing".

"Unexpected interruptions to my schedule," said Barbara, who works out several times a week, preferably mid-morning or after lunch.

How do you stay motivated?

"Sheer will... I don't particularly enjoy working out, but recognize the huge benefits to my health and well-being, said Janet.

"I stay motivated at this point by realizing that when I don't get to the gym, I don't have as much energy, don't sleep as well get cranky etc.," said Gigi, who hopes she is still good for another 15 years!

"I just get in the car, drive there, go to the gym; getting in the car is the hardest part but once there it is not a problem, I enjoy it, feel better," said Barbara. "It is well-equipped, maintained, and attractive."

How do you avoid "fitness training" injuries?

"Good technique and avoiding 'over-doing'," recommended Janet.

"You have to know your limitations when you get started and I would recommend that anyone starting a fitness program for the first time consult a trainer," said Gigi, who thinks the gym is one of the best things that the club has to offer. "You can do things the wrong way and hurt yourself, believe it or not."

"I keep within the range of exercises my physical therapist suggested years ago and after knee surgery," shared Barbara.

What do you think are elements of a well-rounded routine?

"A routine that engages all major muscle groups and includes aerobic activity," said Janet.

"The three elements for me are aerobic activity, stretching and strength training and in that order," said Gigi. "At our age the maxim of 'Use it or lose it' is really true. I would advise anyone who is thinking about starting an exercise program to go to the gym and get on the treadmill and start walking... maybe it's only 10 minutes at first, but before you know it you'll be doing 15 and then maybe you'll start lifting a weight or two. Start small but think big."

"A variety of activities using machines, stretching exercises, use of hand-held weights, combined with walking & setting goals for number of days per week, number of hours, & trying to stick with goals," said Barbara.



GOLF Corner

B R I A N L I E B L E R

Hello from the golf side of the club. We hope everyone is getting through the winter. Hang in there, spring will be here before you know it! So far we have had one of the mildest winters in recent years. It's a perfect time to get out of the house and hit the links. Tom, Jason and the maintenance crew have the course in great shape.

Stop by and help us make room for our 2012 merchandise in the golf shop. We have some terrific deals for the golfer in your family. At this time, all summer apparel is 30% off and footwear is now 20% off an already discounted price. Check out the golf ball blowout in the golf shop. **Bridgestone 330 RX** dozens are now \$38.00 and **Bridgestone E6** are now \$28.00 a dozen. **Top Flight 6-Ball** packs are marked down to \$7.50.

The **2012 Tournament Schedule** is now out. Mark your calendars for the events that you may want to participate in. Also, take some time to read the information concerning the **Duck Woods Country Club Forward Tee Development Program**. Remember, **Winter Rules** are in effect; You may lift clean and place your ball one club length, no nearer the hole in your own fairway only!

This is the time of the year to check your grips. A slick or worn grip can dramatically hurt your golf game. When your grips tend to get slick, you tend to grip down harder on the club. This can affect the feel in your golf swing and be detrimental to your golf game. Stop in and let us analyze your grips to see if you need new ones, and let us give you a grip fitting. When you purchase a set of grips, we will install them and give you 10% off; this is the equivalent of a free grip.

We are looking forward to the best year yet at **Duck Woods Country Club!** If there is anything **YOUR Professional Golf Shop** can do for you, please don't hesitate to call on us.

Good Golfing, Brian

ATTENTION

Please remember while practicing at the range to try to keep your divot patterns as close as possible to each other, in order to keep the grass on the range in good shape. This will help us to maintain the range and ensure that there are healthy spots for you to practice on in the future.

Also, please sand fill your divots upon completion of your practice session. There are sand bottles provided for you behind each station and sand boxes at each end of the range.

Don't forget to post all your scores. The USGA Handicap System is in place to make the game of golf more enjoyable by enabling players of differing abilities to compete on an equitable basis, regardless of ability. Therefore, all golfers should post ALL of their scores regardless of where they play, at your home club or away. Also, if you have a handicap at two different clubs, please have your handicap synced through the Carolinas Golf Association Golf Net System.

Note: Remember we do still post scores throughout the winter months.

Just a Reminder: Please remember, when pushing a push cart, to remain 30 feet from the greens at all times! Please do not push your cart in between the greens and sand traps. Thank you.

After playing your golf ball from a bunker please be sure to place the rake inside and up against the edge of the bunker, parallel to the hole.

When practicing, please remember to utilize the sand buckets on either side of the range and fill your divots following your session. This helps divots to heal in a timely manner giving us much better range conditions for the spring. Don't forget to repair all of your ball marks and sand fill all divots when playing your round.

2012 Duck Woods Country Club Tournament and Event Schedule

March -----	10th	Polar Bear Scramble
	13th	LGA Quarterly Mtg/Lunch
	26th	Greens Aeration - Golf Course Closed
April -----	14th	Spring Scramble
	19th	Couples Golf - Beat the Pro
	21st	MGA Two-Man Captain's Choice/Ringers Begin
	16th-22nd	Tees and Fairway Aeration
	28th	Spring One-Day Member-Guest
May -----	5th	MGA Event
	8th	LGA Member-Member
	9th	Business Men's Blitz
	15th	Club Match Play Event Begins - Men & Women
	14th	Green Aeration - Golf Course Closed
	24th	Couples Golf - Super Ball
June -----	2nd	DWCC Tennis/Golf Event
	6th	Business Men's Blitz
	9th	MGA Two-Man Alternate Shot
	12th	LGA Quarterly Mtg/Lunch
	14th-16th	Men's Member-Guest Championship
	22nd	LGA Invitational
	23rd	Family Golf Day - Golf Demonstration/Lunch/Golf
	28th	Couples Golf - Night Golf
July -----	1st	MGA Shoot-Out Scores Begin
	10th	MGA vs. LGA Ryder Cup
	9th-13th	Duck Woods Junior Sports Camp
	14th	Family Golf Day - Golf Demonstration/Lunch/Golf
	19th	Couples Golf - 9 hole Couples Member-Guest
	21st	Summer One-Day Member-Guest-Guest-Guest
	25th	Business Men's Blitz
	28th	Parent-Child Championship
Aug ---	4th & 5th	Men's Senior Club Championship
	6th-12th	Tee and Fairway Aeration
	6th-10th	Junior Sports Camp
	8th	Business Men's Blitz
	11th	Family Golf - Golf Demonstration/Lunch/Golf
	14th	LGA Quarterly MTG/Lunch
	16th	Couples Golf - Two man championship
	19th	Couples Championship
	21st	DWCC Senior Classic
	23rd	Scramblers Championship
	25th & 26th	MGA Member-Member
Sept -----	4th	Greens Aeration - Golf Course Closed
	15th	MGA Shoot-Out
	19th	Business Men's Blitz
	20th	Couples Golf
	22nd-23rd	Men's and Women's Club Championship/ President's Cup Weekend
Oct -----	3rd	Business Men's Blitz
	12th-14th	DWCC Men's Classic
	18th	Couples Golf
	22nd	Greens Aeration - Golf Course Closed
Nov -----	3rd	Tommy Wine MGA Awards Tournament
	6th	LGA Quarterly MTG/Lunch
	17th	Turkey Blitz
Dec -----	8th	Toys for Tots Christmas Beat the Pro
	11th	LGA Jingle Bell Superball (LGA Event)

Accomplishments

Larry Showalter only needed a driver, Fairway wood and a nine iron to card his eagle 3 on the 14th hole last month. Great shot, Mr. Showalter!

Len Schoenfeld had his career back nine hole score of 38 in January. Mr. Schoenfeld never lets up. This guy's a player! Nice round!

FROM THE *Red tees* NONIE BOOTH

A reprisal of a previous Red Tees:

5 Truisms of Golf

- 1) It's surprisingly easy to hole a 50 foot putt: for a "10"
- 2) Golf balls are like eggs: They're white, and they're sold by the dozen. Also, you need to buy fresh ones each week.
- 3) No matter how badly you're playing, it's always possible to play worse.
- 4) Hazards attract – fairways repel.
- 5) A golf ball you can see in the rough from 50 yards away probably isn't yours.

Here's hoping our warm, beautiful days will soon return along with all of our snowbirds.

*As always, I look forward to seeing you on the Red Tees,
Nonie Booth*

Forward Tee Development Program

Some of you may notice a couple of new projects underway on the golf course recently. The Forward Tee Development Program is now underway. We have begun the process moving the forward tees up on the 6th and 10th holes.

Along with the National Golf Foundation, the USGA, and PGA of America, partnered and conducted a study in order to find ways in order to make the game more enjoyable as well as fair to all golfers. The number of golfers in the United States has declined in recent years. Part of this study found that golf courses were being set up too difficult for women, juniors and higher handicappers, driving many of these golfers away from the game. Another reason why players are being driven away from the game is the amount of time it takes to play a round of golf. Golf courses that are set up with a high amount of difficulty, especially from the forward tees, make for longer playing times. After a study of the area golf courses, we found that Duck Woods forward tees are by far the longest distances and have the highest course and slope ratings of any club.

The National Golf Foundation has calculated that the average woman golfer hits her drive 140 yards and her fairway woods 120 yards. This is 75 percent of the average men's drive. It is recommended that based off this information that the forward tees should be 75 percent of the next tee (our white tees). At Duck Woods C.C., our white tee distance is 5,655 yards and our forward tee distance is 5,182 yards. If the recommended distance is applied, our forward tee distance should be 4,241 yards. In other words, Duck Woods is 941 yards longer than it should be.

Moving these two tees up will allow women and other forward tee golfers to have an opportunity to hit these greens in two shots more often. Most forward tee golfers have to lie up short of the water hazard more often than not on these two holes. By moving the tees it should give these players a better chance of reaching the green or clearing the water hazard more often, thus making these holes more playable.

These two holes also share a tee with the white tees. This now allows us to have two separate tees for the forward teeing ground and the white tee teeing ground thus promoting less traffic on these tees also promoting better turf conditions.

For any questions about pertaining to the two new tees, please don't hesitate to stop by the golf shop, Brian will be happy to answer any questions or concerns.

Jingle Bells, Jingle Bells, Jingle All The Way!



(l to r) Pam Cotter, Lynne Chase and Sharon Little won the Jingle Bell Superball Golf tournament held recently by the Ladies Golf Association of Duck Woods Country Club. Fourteen ladies participated in the annual event. Both 18 and 9-hole events are held every Tuesday, followed by lunch. There are about 80 members. The LGA is one of five major groups available for members to enjoy an activity and one another's company at the club. The association conducts a special Rally for the Cure®, a national breast cancer awareness campaign, once a year and raises funds for the annual Founder's Scholarship, established in 1991, that goes to a graduating senior of a Dare or Currituck County high school with a strong academic record, athletic ability and demonstrated interest in golf.

Golf Tip

Can you see the club out of the corner of your eye when at the top of your back swing? If you can this means you are over swinging. You may just try to shorten your back swing, but then this may cause you to stop turning your shoulders essentially swinging with your arms and hands which can lead to even bigger problems.

Try this: When practicing put a towel or small head cover under your left arm pit. Address the ball and start the swing by just turning your shoulders. Let the arms, hands and golf club follow your shoulder turn. Turn your shoulders as far as you can, keeping the towel under your arm (the towel must never fall out). The club will then set in the proper position. This move should promote a straight left arm that stays hugging your chest in the back swing. If you over swing you will not be able to hold the towel under your arm.

If you want to know what to do from the top of the swing, contact Brian or Gina in order to find out! Golf lessons are available through the golf shop upon request and based on availability.

*Play well!
Brian*

Fitness CENTER

Fitness Center Hours

Mon-Fri: 5:30 a.m. to 8 p.m. / Sat & Sun: 7 a.m. to 8 p.m.

For information regarding equipment use or for personal training please call: Carol Luks - (252) 207-6494

Food & Beverage NEWS

To make reservations Monday-Friday,
please call 252-261-2744 ext. 221.
After 5 p.m. or on weekends, please call
the Bistro at 252-261-2744 ext. 231.

DISCO KIDS NIGHT OUT!

Friday, February 3, 2012

Time: 6:30-9:30 p.m.

Cost: \$10 Per Child

Includes: Dinner & Dancing

Chicken Nuggets • Cheese Pizza
Homemade Chips • Assorted Cookie Platter
Juice Boxes

*Parents are encouraged to stay and
enjoy cocktails and dinner!

OUTER BANKS FORUM DINING SPECIAL

Join us for dinner before going to the show!

To take advantage of the great deal,
please notify your server to receive 20% off
of your bill. *(Beverages not included)*

Participating dates are as follows:

Saturday, February 18, 2012

Saturday, March 31, 2012

Sunday, May 6, 2012

CHEF'S TABLE

Friday, February 24, 2012

Time: 6:30 p.m.

Cost: \$29 Per Person (+ tax & gratuity)

Theme: "French"

*Make your reservation early
as seating is limited to 18 people.*

*Due to the popularity of the Chef's Table,
please notify Heather or Janet in the
Business Office as soon as possible with
written confirmation that you will not be
able to attend, so other members may
enjoy in the opportunity.

GOURMET BURGER NIGHT

Wednesday, February 22, 2012

Time: 4-9 p.m.

All Beef Burgers will consist of 100%
In House Ground Chuck and Filet Mignon
(Except Kobe Burger) and Served with
Hand Cut French Fries and Pickle

The Deep South Burger

8 oz House Ground Patty on Soft Roll
Topped w/Pimento Cheese, Fried Red
Onions Rings & Memphis Style BBQ Sauce
\$10.50

Bacon Burger

8 oz House Ground Patty w/Melted White
American Cheese & Applewood Smoked
Bacon on Toasted Roll Topped w/Dave's
Famous Ketchup, Lettuce, Tomato & Red
Onion
\$10.50

Black & Blue Kobe Burger

8 oz Fire Grilled American Kobe Beef Patty
Topped w/Blue Cheese on a Soft Roll
w/White Truffle Mayo, Lettuce,
Tomato & Red Onion
\$12.95

Caribbean Chicken Burger

Jerk Spiced 8 oz Chicken Burger w/Grilled
Scallions, Pimento Mayo, Lettuce, Tomato
& Red Onion on a Ciabatta Roll
\$9.25

Black Bean & Corn Burger

Housemade Meatless Patty, Pan Seared
Topped w/Smoked Gouda Cheese,
Cucumber Salad, Lettuce, Tomato & Red
Onion on a Whole Wheat Roll
\$7.95

LET'S GET YOUR IRISH ON

Saturday, March 17, 2012

All the fun begins at 4:30 p.m.

with festive drinks, Irish trivia, then appetizers
& Duck Woods "World Famous" Corned Beef
and Cabbage along with the following:

Starters

Irish Nachos

Housemade Potato Chips w/Melted
Cheddar Cheese, Crispy Bacon
& Scallions, Topped w/Sour Cream
\$4.95

Irish Salmon & Leek Tart

Fresh Irish Salmon & Braised Leeks
w/a Swiss Cheese in a Delicious Flakey Tart
Crust Shell, Topped w/Clotted Cream
\$5.95

Potato & Dill Soup

Topped w/a Cheddar Biscuit
\$3.95

Mini Shepards Pie

3 Delicious Mini Tarts Filled w/Blends
of Ground Beef, Fresh Vegetables
Topped w/Chive Mashed Potatoes
\$5.95

Entrees

St. Patrick's Day Plate

House Brined Corned Beef, Cabbage, Boiled
New Potatoes & Honey Glazed Carrots
\$10.95

Roasted Chicken w/Sage Butter Sauce

Served w/Fried Leek Whipped Potatoes
& Fresh Asparagus
\$10.95

Leprechauns Pasta

Grilled Shrimp, Spinach & Parmesan Cream
Served over Fettuccini Pasta
\$14.95

Steak & Guinness Pie

Delicious Chunks of Prime Beef,
Fresh Garden Vegetables in a Savory Gravy
made of Beef Stock & Guinness Irish Stout
\$9.95

Irish Shrimp & Dumplings

Butter Poached Shrimp & Fresh Vegetables in
a Creamy Seafood Sauce w/Potato Dumplings
\$11.95

Crispy Skin Local White Fish

Served w/Melted Leeks Potato Boxy
\$14.95

Desserts

Chocolate Orange Guinness Cake
w/Cream Cheese icing \$5.95

Apple Tart w/Fresh Whipped Cream \$3.95

Milk Chocolate & Baileys Irish Cream
Mousse Cake \$3.95

*Come out to the Club and enjoy Irish music
provided by Club Violin. You are encouraged
to bring guests and to wear green.*

On February 24, 2012 Duck Woods will serve
up an evening of excitement to warm your
soul and fun to break the winter doldrums.

Everyone loves a great winter party. And
who doesn't enjoy beverages, great food,
wonderful friends, and a few surprises?
So, please save the 24th on your calendars
for our "winter break".

WARM & COZY THURSDAYS

Never Ending Soup, Salad & Bread

Time: 4-9 p.m.

Cost: \$7.95 (+ tax & gratuity)

Enjoy a Chef's selection of homemade
soups weekly, side salad & a basket of fresh
bread! A great way to warm up every week!

NEW YEAR'S EVE PARTY



Pictured (l to r) Mr. & Mrs. Barnett, Mr. & Mrs.
Buckley, Mr. & Mrs. Webster and Mr. & Mrs. Darke.
Members and their guests had a wonderful
evening at the Club for New Year's. With many
members that participated, they enjoyed great
food, camaraderie & dancing the New Year
in with Gentlemen and Their Lady!

WINTER WARMER SPECIALS

Come in and WARM up with one of
our Comfort Food Classics, offered
everyday all day in February.

Choose from the following:

Chef Dave's Country Style Meatloaf

Made w/100% Angus Ground Beef,
Fresh Vegetables, Herbs & Bread Crumbs
Served w/Whipped Potatoes,
Gravy & a Side Salad
\$7.95

Chef Mac's Chicken Pot Pie

Roasted White Meat Chicken w/Carrots,
Celery, Potatoes, Onions & Peas in a
Creamy Sauce & Topped w/Flaky Pie Pastry
\$7.95

Snack Bar Hours
Closed For The Season
Golf Pro Shop Hours
Mon-Sun: 7:30 am to 5 pm

Tennis Pro Shop Hours
Mon-Fri: 8 am to 5 pm
Sat & Sun: 8 am to 3 pm

Fitness Center Hours
Mon-Fri: 5:30 am to 8 pm
Sat & Sun: 7 am to 8 pm

Business Office Hours
Monday - Friday: 9 am to 5 pm

FEBRUARY

Food Service Hours
Brunch: Sunday: 9 am to 2 pm
Lunch: Mon-Sun: 11 am to 4 pm
Dinner: Mon-Sun: 4 pm to 9 pm

Main Dining Room reservations are recommended.
Dress code is Country Club Casual.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 Women's Association Mtg. 10:30 am Bridge 10:30 am Ladies' Lush 4-6 pm	2 *Greens & Grounds Committee Mtg. 3 pm *Pool Committee Mtg. 4:30 pm Breakfast At The Club 7-11 am Scramblers' Golf 8:45 am Warm & Cozy Thursdays 4-9 pm	3 Social Hour 4:30-6:30 pm Disco Kids Night Out 6:30 pm	4
5 Sunday Brunch 9 am-2 pm Fried Chicken Dinner \$6.95	6 *House Committee Mtg. 9:30 am Men's Tennis Association Mtg. 5:30 pm Pizza Night 4-9 pm	7 Restaurant Closed	8 *Communications Subcommittee Mtg. 1 pm *Tennis Committee Mtg. 2 pm Bridge 10:30 am Ladies' Lush 4-6 pm	9 *Social Subcommittee Mtg. 9 am Breakfast At The Club 7-11 am Scramblers' Golf 8:45 am Warm & Cozy Thursdays 4-9 pm Dinner Bridge 6 pm	10 Social Hour 4:30-6:30 pm Valentine's Dinner 4-9 pm	11
12 Sunday Brunch 9 am-2 pm Fried Chicken Dinner \$6.95	13 *Food & Beverage Committee Mtg. 9:30 a.m. *Finance Committee Mtg. 4 pm Pizza Night 4-9 pm	14 *Membership Committee Mtg. 8:30 am Restaurant Closed	15 *Board of Directors Mtg. 7:30pm Bridge 10:30 am Ladies' Lush 4-6 pm	16 Breakfast At The Club 7-11 am Scramblers' Golf 8:45 am Warm & Cozy Thursdays 4-9 pm Prime Rib Buffet 6-9 pm	17 Social Hour 4:30-6:30 pm	18
19 Sunday Brunch 9 am-2 pm Fried Chicken Dinner \$6.95	20 Book & Movie Club Mtg. 10 :30 am Pizza Night 4-9 pm	21 Restaurant Closed	22 Bridge 10:30 am Ladies' Lush 4-6 pm	23 Breakfast At The Club 7-11 am Scramblers' Golf 8:45 am Warm & Cozy Thursdays 4-9 pm Dinner Bridge 6 pm	24 Social Hour 4:30-6:30 pm Chef's Table 6:30 pm	25
26 Sunday Brunch 9 am-2 pm Fried Chicken Dinner \$6.95	27 Pizza Night 4-9 pm	28 Restaurant Closed	29 Bridge 10:30 am Ladies' Lush 4-6 pm	Mar. 1 *Greens & Grounds Committee Mtg. 3 pm *Pool Committee Mtg. 4:30 Breakfast At The Club 7-11 am Scramblers' Golf 8:45 am Warm & Cozy Thursdays 4-9 pm	Mar. 2 Social Hour 4:30-6:30 pm	Mar. 3

WOMEN'S *Association*

D E E L E W I S

From President Ginger Webster

The February 1st program topic will be the 150th Anniversary of the Civil War in the Albemarle region presented by staff from the Museum of the Albemarle in Elizabeth City.

Looking ahead, the March 7th program features nationally renowned storyteller and Ocracoke resident Donald Davis. His stories have been described as "absolutely hilarious and unpredictable as well as emotionally reviving". Come hear excerpts from his most recent book *Tales from a Free-Range Childhood*.

It is time to start thinking about the annual fundraiser in May. Although called the Spring Basket Raffle, the purpose is to raise funds for scholarships and other philanthropic activities within the community. Please start considering what you could donate for this worthy cause. There will be more information in the upcoming months from Ways and Means chairs Sandy Byberg and Nancy Hueber.

Field Trips

Vice President Di Small is planning two field trips. The first in March is to the Museum of the Albemarle in Elizabeth City as a follow-up to the February program. And the second is on April 16 to the research pier in Duck as a follow-up to the January program presented by US Army Corps of Engineers representative Bill Birkemeier. Details will be coming soon.

Membership

We would like to welcome new member Joyce Rabat. The Women's Association boasts a membership of 166, and we encourage new club members to check us out. Please call or email our Membership Chairman, Barbara Price at 261-5136, hipnbop@aol.com for more information.

Blood Drive

The next Blood Drive is February 8, 2012 at Holy Redeemer Church from noon to 6 p.m. For more information, call or email Audrey Esposito at 261-8052 or aud.espo@yahoo.com.

Book and Movie Club

The February meeting of the Book and Movie Club will be at 10:30 on Monday, February 20th. Members will discuss *The Forgotten Garden* by Kate Morton and the facilitator will be Gail Patterson. Members are asked to RSVP for the meeting and are encouraged to stay for lunch and social time following the meeting. For further information, please contact Nancy Hettenhouse at nhetenhouse@aol.com or call her at 255-1396.

Cards and Games

Cards and Games are continuing at Duck Woods. If you are interested in participating in Bridge, call Marianna May 261-6447; Mah Jongg, Carole Butscher 261-6983; and Dominos, Gayle Waldmann 261-7689.

Food Pantry

Our personal care items for this January weighed in at 131 pounds. So far this year, we have donated 1213 pounds of goods. Our monthly average is 242 pounds. Items for February are comfort foods, i.e. pasta, potatoes, beans, mac and cheese, hearty soups, etc. For March - Quick Meals: Hamburger, chicken, tuna helper, peanut butter & jelly, canned and dried fruit, etc. Thank heavy and thank you for your generosity. The need remains very great.



Local Resident Authors "Share the Fun of Cooking with Kids" to Benefit Food for Thought...

Anne Parsons unveiled her unique cookbook, chock full of more than 150 appealing, nutritious kid-friendly recipes, at the Holiday Bazaar held at the recent Women's Association of Duck Woods Country Club. A *Food for Thought* volunteer, she will give all the proceeds to the non-profit which provides healthy weekend meals to pre-school, elementary & some secondary school children who meet federal criteria in Dare County during the school year.

MANAGEMENT *Staff Directory*

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